

AFRH - G / Master Menus Week of 11 / 21st / 2022 / Cycle 6 - REGULAR LINE

	BREAKFAST - 0700 - 0830	LUNCH - 1130 - 1300	DINNER - 1630 - 1800
<b>M O N</b>  <b>Nov 21st</b>	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Pork Bacon / Shredded Hash Browns French Toast Made to Order on the Grill Biscuits / Sausage Gravy	Cream of Asparagus Soup Red Bean Soup Gourmet Turkey Salad Fried Pork Chops Baked Sweet Pot / Sweet Pot Fries Fresh Yellow Squash w/ Carrots Roasted Fresh Brussel Sprouts Dinner Rolls / Cornbread	Cream of Asparagus Soup Red Bean Soup Assorted Deli Meats / Cheeses Chicken Parmesan w/Marinara Angel Hair Pasta / Marinara Sauce Tuscan Vegetables Blend Butter Beans w/Onions Brown & Serve Rolls / Sliced Bread
<b>T U E S</b>  <b>Nov 22nd</b>	Donuts / Bran Muffins / Apple Fritters Assorted Coffee Cakes Oatmeal / Grits Eggs to Order ( Crm Chip Beef When Available ) Eggs - Scrambled / Hard Boiled Smoked Rope Sausage Links Lyonnaise Potatoes Biscuits / Country Gravy	Tomato Cream Cheese Soup Roast Beef Soup Ham & Cheese Wraps Teriyaki Grilled Chicken Brst & Thgh Fried Rice Broccoli Florets Sautéed Carrots Slider Roll / Cornbread	Tomato Cream Cheese Soup Roast Beef Soup Assorted Deli Meats / Cheeses Blackened Fish / Baked Chicken Baked Potato w/Sour Crm/Butter Whole Green Bean Almandine Parmesan Baked Tomatoes Parker House Rolls / Sliced Bread
<b>W E D</b>  <b>Nov 23rd</b>	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks / Baked Beans Buttery Diced Potatoes Corn Muffins / Biscuits / Country Gravy	Corn & Potato Chowder Zesty Italian Soup Turkey Pot Pie w/ Biscuits Philly Cheese Steak Sub Potato Logs Sugar Snap Peas Asian Pepper Salad Yeast Rolls / Cornbread	Corn & Potato Chowder Zesty Italian Soup Assorted Deli Meats / Cheeses Beef Short Ribs 'n BBQ Sauce Potato Salad Coleslaw Sautéed Chick Peas & Mushrooms Slider Rolls / Cornbread / Sliced Bread
<b>T H U R</b>  <b>Nov 24th</b>	Donuts / Bran Muffins / Apple Fritters Assorted Muffins Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Sausage Patties / Shred Hash Browns Pancakes / Blueberry Topping Biscuits / Country Gravy	<b><u>Thanksgiving Day Luncheon</u></b> Chili Bean/ Pumkin Soups/ Shrimp Cocktail <b>Turkey / Dressing / Mashed Pots</b> <b>Trky Grvy / Whole Berry Crnbrry Sauce</b> <b>Ham w/Raisin Sauce &amp; Candied Yams</b> <b>Creamed Cauliflower / Green Peas</b> <b>Squash Casserole / Mustard Greens</b> <b>Assorted Desserts / Parker House Rolls</b>	Chili Bean Soup / Pimento Cheese Vegetable Soup Assorted Deli Meats / Cheeses Meatball Subs w/Tomato Gravy Tater Tots Whole Kernel Corn Normandy Blend Veggies Hoagie Roll / Sliced Bread
<b>F R I</b>  <b>Nov 25th</b>	Donuts / Bran Muffins / Apple Fritters Assorted Danishes Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Creamed Ground Beef Home Fried Potatoes Biscuits / Country Gravy	Pasta, Wh Bean & Sun Dried Tom Soup Chicken & Sausage Gumbo Southern Chicken & Rice Casserole Fried Fish w/Cocktail/Tartar Sauce Home Style Mac & Cheese Caesar Salad Southern Okra & Tomato Succotash Hushpuppies / Cornbread	Pasta, Wh Bean & Sun Dried Tom Soup Chicken & Sausage Gumbo Assorted Deli Meats / Cheeses Corned Beef / Horseradish Sauce Irish Potatoes Cabbage Sliced Carrots Yeast Rolls / Cornbread / Sliced Bread
<b>S A T</b>  <b>Nov 26th</b>	Donuts / Bran Muffins / Apple Fritters Honey Bun Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Corned Beef Hash Shredded Hash Brown Potatoes Biscuits / Sausage Gravy	Creamy Chicken & Wild Rice Soup Vegetable Beef Soup Corn Dogs w/Variety Mustard Packs Chicken Cacciatore Vermicelli Italian Green Beans w/Diced Potatoes Creamed Cauliflower Garlic Bread / Cornbread	Creamy Chicken & Wild Rice Soup Egg Drop Soup Assorted Deli Meats / Cheeses Beef & Peppers / Egg Rolls w/ Lo Mein Noodles Caribbean Blend Veggies Sautéed Fresh Zucchini Thick Slice Slider Rolls / Sliced Bread
<b>S U N</b>  <b>Nov 27th</b>	Donuts / Bran Muffins / Apple Fritters Cinnamon Rolls Oatmeal / Grits Eggs to Order Eggs - Scrambled / Hard Boiled Grilled Ham Steaks / Cheesy Diced Pot Waffles / Peach Topping Biscuits / Country Gravy	Navy Bean Soup Roasted Poblano & Beef Soup Chicken Cordon Bleu w/Lt Chick Cream Sauce Fried Shrimp w/Cocktail/Tartar Sauce Steak Fries / Bermuda Blend Veggies Fresh Salad w/ Spring Mix, Mndrn Orngs, Strwbry, Bluebry, Almnd & Orgn Dressing Yeast Rolls / Cornbread	Navy Bean Soup Roasted Poblano & Beef Soup Assorted Deli Meats / Cheeses Pot Roast 'n Gravy Mashed Potatoes w/Gravy Buttery Green Peas Stewed Tomatoes w/ Onions Parker House Rolls / Sliced Bread

	<u>DESSERTS - REGULAR LINE</u>	<u>DESSERTS - DIET LINE</u>	<u>DAILY SHORT ORDER LINE - LUNCH ONLY</u>
<b>Mon</b>	Cherry Pie	NSA Berry Pie	Grilled Hamburgers w/ Buns / Sliced Cheese
<b>Tue</b>	Turtle Carmel Pecan Cookies	Assorted SF Cookies	Grilled Hot Dogs w/ Buns / Chili / Cheese Sauce
<b>Wed</b>	Coconut Cake	Fresh Fruit Cups	Grilled Chicken Breast w/ Corn Rolls
<b>Thu</b>	Brownies w/Nut	Angel Cake w/Crushed Pineapples	Grilled Cheese Sandwiches on White or Wheat
<b>Fri</b>	Boston Cream Pie	NSA Cherry Pie	Condiments: Green Leaf Lettuce / Sliced Tomatoes
<b>Sat</b>	Heath Bar Crunch	Assorted SF Cookies	Sliced Red Onions / Dill Pickle Slices
<b>Sun</b>	Cinnamon Raisin Bread Pudding	Tropical Fruit Cups	Horseradish / Bacon / French Fried Potatoes